



CERTIFICATE IV

This is to certify that

Emma Hansen

has fulfilled the requirements for

11046NAT

Certificate IV in Nutrition

**HEALTH & WELLNESS COACH
SPORTS NUTRITION COACH**

The qualification is recognised within the
Australian Qualifications Framework

Certificate Number: 14309901-9522646

Completion Date: 11-Sep-25

Issue Date: 16-Sep-25



**NATIONALLY RECOGNISED
TRAINING**

Daine McDonald
Chief Executive Officer



VAST TRAINING ACADEMY PTY LTD

(trading as VAST FITNESS ACADEMY)

ABN 14 492 461 636

www.vastfitnessacademy.edu.au

RTO CODE 41564

RECORD OF RESULTS

RTO Number: 41564
VAST FITNESS ACADEMY
A division of Clean Health RTO Holdings Pty Ltd

Emma Hansen

Student ID: 14309901
Certificate Number: 14309901-9522646
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11046NAT - Certificate IV in Nutrition

Unit of Competency Code	Unit of Competency Name	Outcome	Completion Date
CHCCSL001	Establish and confirm the counselling relationship	C	05/08/2025
CHCCSL007	Support counselling clients in decision-making processes	C	11/09/2025
CHCMHS011	Assess and promote social, emotional and physical wellbeing	C	11/09/2025
HLTAAP001	Recognise healthy body systems	C	07/01/2025
HLTAAP002	Confirm physical health status	C	07/01/2025
NAT11046001	Promote the concepts of health and wellbeing in relation to nutrition	C	05/12/2024
NAT11046002	Apply the fundamentals of nutrition to meet a client's dietary needs	C	07/02/2025
NAT11046003	Design a nutritional plan for an individual	C	26/02/2025
NAT11046004	Assist in establishing positive digestive health	C	08/03/2025
NAT11046005	Analyse and apply principles of psychology and behaviour management	C	19/03/2025
NAT11046006	Advise customers on the use of nutritional supplements and ergogenic aids	C	01/04/2025
NAT11046007	Provide nutrition information to clients for exercise related goals	C	15/05/2025
NAT11046008	Design a diet to assist clients in achieving exercise related goals	C	16/06/2025
NAT11046009	Apply sports psychology principles in a nutritional coaching context	C	28/07/2025

Total Units of Competency: 14

OUTCOME KEY:

C Competency Achieved. | **CA** Continuing Activity. | **CT** Credit Transfer. |
RPL-G Recognised of Prior Learning Granted. | **CNA** Competency Not Achieved. | **W** Withdrawn.

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